

# HOT + COLD

Built For How You Want To Feel







Sauna, Cold Plunge, Rest, Repeat



## Contrast Therapy

- |  |   |
|--|---|
|  Muscle Relaxation  |  Reduce Inflammation |
|  Better Circulation |  Energy Boost        |
|  Stress Relief      |  Faster Recovery     |
|  Detox Sweat        |  Sharper Focus       |
|  Joint Ease         |  Build Resilience    |
|  Deeper Sleep       |  Metabolism Boost    |

## Together (HOT + COLD)

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|---|--|
|  Circulation Boost |  Immune Support |
|  Faster Recovery   |  Mental Clarity |
|  Mood Lift         |  Total Vitality |

 **Leisurecraft**

— BUILDING LUXURY —